

## Your health, your benefits, at your convenience!

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## Need to register for myCIGNA.com? Just follow these brief steps:

- From any computer with Internet access, navigate the web browser to www.mycigna.com.
- On the left-hand side of the page, click the Register! Button.
- Enter your date of birth and zip code along with your CIGNA Member ID or Social Security number. (When entering your Member ID or Social Security Number do not use spaces or dashes and include an 01 at the end) Do not use your Maricopa County Employee ID number.
- Create a User ID and Password for yourself.
  (This must be at least 6 characters and include at least one number/alpha character (i.e. username1, or test123))
- Select a secret question and enter your response
- Review the information you've entered on the Confirmation Screen, then click the Register button
- You will be asked if you want to log on to myCIGNA.com. This is where you will enter your User ID and Password.
- Click Accept on the User Agreement that will come up after you have logged in.
- Click Yes on the following question to have your lab data sent to WebMD Health Quotient Health Risk Assessment and WebMD Health Tracker.
- You will now enter the main page of myCIGNA.com portal.

Having any trouble or forgotten your User ID and/or Password? Call our Internet Customer Service line at 1.800.284.8346